



Gearing Up For Your Transitions

Bullying

Delaware State Law – [School Bullying Prevention Act](#). The goal of this Act is to provide a safer learning environment for students attending public schools, including charter schools, in the State of Delaware and for the staff members of those institutions.

This Bill requires each school district and charter school to establish a policy on bullying prevention with certain minimal requirements including, but not limited to developing a bullying prevention program and reporting bullying to the Delaware Department of Education.

What is bullying?

What's bullying, and what do we do about it? This article from the National Mental Health Association tells the story, quick and to the point.

<http://www.mentalhealthamerica.net/bullying>

Walk A Mile In Their Shoes.

Bullying and the Child with Special Needs. A report and guide from Abilitypath.org

Bullies make a lifelong impression.

A quick read about the research in teasing and bullying behavior.

http://www.aboutourkids.org/articles/bullies_more_sticks_stones_name_calling

FACTS for Families.

From the American Academy of Child and Adolescent Psychiatry.

http://www.aacap.org/cs/root/facts_for_families/bullying

What Can You Do?.

As a parent, would you recognize the signs that your child is being bullied? Or that your child was a bully? This article will help you do both and provides suggestions for what to do about each.

<http://www.greatschools.org/LD/managing/what-parents-can-do-about-childhood-bullying.gs?content=825>

Stop bullying!

At this site you can learn all about bullying and what you can do to stop it.

<http://www.stopbullying.gov/>

Eyes on Bullying.

Tool kit with activities and helpful information to assist teachers and parents.

<http://www.eyesonbullying.org/pdfs/toolkit.pdf>

Medline's resources on bullying.

Bullying defined, lots of resources for coping, including in Spanish.

<http://www.nlm.nih.gov/medlineplus/bullying.html>

Bullying Information Center.

Lots of info here, including the *Quick Guide to Reducing Bullying* and info in Spanish.

<http://www.education.com/topic/school-bullying-teasing/>

Advocating for Bullied Children.

A watchdog organization advocating for bullied children and reporting on State Anti-Bullying Laws

http://www.bullypolice.org/de_law.html

Cyber bullying Research Center.

Yes, there is one, and it provides up-to-date information about the nature, extent, causes, and consequences of cyber bullying among adolescents.

<http://www.cyberbullying.us/>

[Research on Bullying Prevention in Schools, Colleges and Universities.](#)

American Educational Research Association created this document which focuses on practical strategies and policies to address bullying while providing access to scientific, peer-reviewed studies and related books and reports.

Stop bullying now!

No, we're not repeating ourselves from above, that's the name of this site, too. It concentrates on presenting research-based strategies to reduce bullying in our schools.

<http://www.stopbullyingnow.com/>

Bully Project.

A variety of information on bullying, tools and resources to assist parents, students, advocates and teachers.

http://www.thebullyproject.com/tools_and_resources.

Kids Against Bullying.

A must-visit site for kids, from the PACER Center.

<http://www.pacerkidsagainstbullying.org/>

Teaching Tolerance - Bullied: A Student, a School and a Case That Made History film

This website for educators offers publications and classroom resources for promoting respect for differences in schools. <http://www.tolerance.org/kit/bullied-student-school-and-case-made-history>

Teens Against Bullying.

PACER also offers the *Teens Against Bullying* website. It's a relevant, edgy, and unique educational resource for bullying prevention designed to engage, empower and educate all teens.

<http://www.pacerteensagainstabullying.org/>

And when youth with disabilities are bullied...

Consult this Issue Brief from NCSET (National Center for Secondary Education and Transition), called "Bullying and Teasing of Youth With Disabilities: Creating Positive School Environments for Effective Inclusion." www.ncset.org/publications/viewdesc.asp?id=1332

Quick training aids for the prevention of bullying.

Planning on giving your staff training on bullying? Check out these talking points for conducting an inservice workshop. You'll find links to various research studies and papers on bullying. Get overviews, factsheets, tools, handouts, model programs, and additional resources. You'll also find overheads to use in your presentation.

http://smhp.psych.ucla.edu/qf/bully_qt

Bully proofing your school.

Comprehensive resources from STRYVE, Striving to Reduce Youth Violence Everywhere .

<http://www.safeyouth.gov/Pages/Home.aspx>

Bully Prevention Manuals.

The Positive Behavioral Interventions & Support (PBIS) website has some lesson plans to assist teachers.

http://www.pbis.org/pbis_resource_detail_page.aspx?PBIS_ResourceID=785

http://www.pbis.org/pbis_resource_detail_page.aspx?PBIS_ResourceID=786

Olweus Bullying Prevention Program

The Olweus Program is a bullying prevention program designed for school-wide use in elementary, middle, and high schools. <http://www.clemson.edu/olweus/>

Center for the Study and Prevention of Violence

The center offers bullying prevention and intervention tips.

<http://www.colorado.edu/cspv/bullyingprevention.html>

Grabbing a Bully by the Horns

Get tips for teachers to model and teach tolerance, respect, character building, good citizenship, self-control, and self-worth. <http://www.crisisprevention.com/Resources/Article-Library/Nonviolent-Crisis-Intervention-Training-Articles/Grabbing-a-Bully-by-the-Horns>

“I Am Norm”

Focused on raising awareness about inclusion, providing opportunities for youth to share their ideas about inclusion and promoting those practices in school and their communities.

www.iamnorm.org