



Gearing Up For Your Transitions

Health Care Transition

- Around age 18 family should set up meeting with Transition of Care Department at AIDHC. By their 21st birthday, all patients treated at Nemours/Alfred I. duPont Hospital for Children in Wilmington, DE, **must** transition to adult health care. Since there are many transitions that occur between the ages of 18 and 30, families often aren't adequately prepared.

The Transition of Care program is a clinical consultation service designed to help teenage and young adult patients (particularly those with special health care needs) and their families transition as smoothly as possible from pediatrics into adult health care. They address both the medical and non-medical issues during transition (educational, vocational, legal guardianship, residential options, etc).

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- Many young adults with disabilities find that a Med-Peds doctor fits their needs. Med Peds doctors are trained in both pediatric and adult care. Since many disabilities have a pediatric onset the Med Peds doctors are sometimes better trained to handle the complex needs of these young adults.
- In the state of Delaware, Medicaid does not provide dental care for people over the age of 21.
- Dental resource guide for Delaware:
<http://dhss.delaware.gov/dph/hsm/files/oralhealthresources.pdf> also add information on Practice Without Pressure.